

ST THOMAS' CHURCH, UPSHIRE EN9 3SS

NEWSLETTER

September 2019



Rector: Revd Peter Smith, 01992 767897
Benefice Office: Abbey Church Centre, Waltham Abbey, EN9 1XQ. 01992 767897
Church address: Horseshoe Hill, Upshire, Waltham Abbey, Essex, EN9 3SS.
Editor: Mrs Lyn Wackett, 94 Upshire Road, Waltham Abbey EN9 3PA. 01992 711573.
Email: lynanddavewackett@hotmail.co.uk

This Newsletter is free: donations to Lyn Wackett. Copy date for October Newsletter: 14th September

SERVICES AND DIARY FOR SEPTEMBER

Every Monday: 11.30-12.30pm Open Hour in the church
Every Friday: 11.30-12.30pm Quiet Hour in the church
Every Sunday: 2.30-5.30pm Sunday Afternoon Teas in the church and churchyard

Sunday 1st The Eleventh Sunday after Trinity
9.15 a.m. **HOLY COMMUNION**
Readings: Hebrews 13:1-8, 15-16 Luke 14:1, 7-14
EXTRAORDINARY ANNUAL PAROCHIAL CHURCH MEETING follows immediately after the service

Thursday 5th 10am onwards Churchyard Tidy with Shared Lunch from 12.30pm

Saturday 7th 7 for 7.30pm **CONCERT by ENFIELD BRASS BAND**

Sunday 8th The Twelfth Sunday after Trinity
9.15 a.m. **HOLY COMMUNION**
Readings: Philemon 1-21 Luke 14:25-33
3.30pm **Talk with slides by Susi Shears from BLYTHSWOOD CARE about the SHOE BOX APPEAL and the charity's other work (Teas continue throughout)**

Sunday 15th The Thirteenth Sunday after Trinity
9.15 a.m. **HOLY COMMUNION**
Reading: 1 Timothy 1:12-17 Luke 15:1-10

Wednesday 18th 12noon-2pm **LATE SUMMER LUNCH in church (Book on 07960 809799)**

Sunday 22nd The Fourteenth Sunday after Trinity
9.15 a.m. **HOLY COMMUNION**
Readings: 1 Timothy 2:1-7 Luke 16:1-13

Friday 27th 10am-2pm **MACMILLAN COFFEE MORNING in church**

Sunday 29th Michael & All Angels
9.15 a.m. **HOLY COMMUNION**
Readings: Hebrews 1:5-end John 1:47-end

Sunday 6th October The Sixteenth Sunday after Trinity
9.15 a.m. **HOLY COMMUNION**
Readings: TBA

READERS (1st Reading)

1st: Lyn W
8th: Carol S
15th: Maureen S
22nd: Sue McK
29th: Barbara J
6th Oct: Mike McK

SIDESPEOPLE

Fred C & Barbara J
David W & Sue McK
Norma B & Fred C
Sue McK & Barbara J
Linda & Stephen A
Pauline C & David W

SERVERS

David W & Mike McK
Norma B & Barbara J
Gwen H & Pauline C
David W & Pauline C
Mike McK & David W
Norma B & Barbara J

OPEN HOUR/QUIET HOUR

The church will be open every Monday morning between 11.30am and 12.30pm for the Open Hour also Fridays at the same time for Quiet Hour. Do pop in if you'd like to have a chat and a cup of tea or coffee, or if you want to sit and have time for reflection and prayer. Entrance by the west door whilst the Access for All ramp is being built.

WHEN IS ST THOMAS' CHURCH OPEN?

Every Sunday 9am – 11am for the 9.15am Service, 2.30-5.30pm for Afternoon Teas May 5th to 29th September, 'Thank You' Teas on 6th October and 2.00-4.15 for Harvest Teas on 13th October.

Every Monday 11.30am – 12.30pm for Open Hour.

Every Friday 11.30am – 12.30pm for Quiet Hour.

Thursday 5th September & Thursday 10th October for Churchyard Tidy/Shared Lunch.

The above times and dates are subject to Services not known at the time of publication – check the Newsletter each month for further information.

PRAYER REQUESTS

You are invited to offer names to be added to our prayer diary to remember those who are unwell or unhappy, and to remember special dates, anniversaries, weddings, baptisms, etc.

First names only are required as God will know who we are praying for.

Contact Lyn Wackett on 01992 711573 or email lynanddavewackett@hotmail.co.uk

This month we pray for Jean, Glenis, Laura, Alan & Pam, Lesley, Charlie & John, Brenda & Tony, Jacqui & Bob, Anne, Pam & John, Barbara, Janet, Len, Rita, Vernon, Mal, Glen, Louise, Sue, Ann & Cyril, Christine, Tim, Rhys, Pennie, Andy, Rosalind, Tom, Cathy, Eleanor, Barry, Bill, Maureen, Vivien, George, Doreen, Nathan, Beverly, David, Stephen & Marion.

ANAGRAM

Unscramble this 11 letter anagram: NERDEYLEMON . The answer will be found elsewhere in the Newsletter.

COPPER JAR

Our thanks to the people who donated their coppers and small change to the Disability Fund via the Copper Jar, raising £18 in July.

STAMPS!

Please continue to save your postage stamps and foreign or out of circulation coins – many charities can use them to raise funds. At the moment we are supporting the Herts and Essex Air Ambulance. Stamps and coins can be left with Lyn and Dave at 94 Upshire Road, or brought along to church any Sunday.

Note: please remember to leave about ½” of envelope around the stamp. Thank you.

SUNDAY AFTERNOON TEAS

Sunday Afternoon Teas at St Thomas' are available between 2.30 and 5.30pm every Sunday until 29th September with the 'Thank You' Teas on 6th October and Harvest Teas between 2pm and 4.15pm on Sunday 13th October, followed by the Harvest Festival Service at 4.30pm with the Auction of Produce afterwards. Come and enjoy one (or more!) of our delicious home made cakes or savouries and a welcome cup of tea, coffee or a soft drink whilst enjoying our beautiful views overlooking the Lea Valley from the front and towards London from the rear of the church. Look for the sights of London – on a clear day we can see the Wembley arch and the BT tower.

On some Sundays we will be entertained by organ music, depending on the availability of our organist. We also have our Charity Stall each week with lots of bargains! When in season we will have home grown produce and preserves. We would be grateful for any items for the stall, but no electrical items, please, as we are not allowed to sell them unless they have been recently PAT tested.

All help with teas, whether serving, baking, setting out and clearing up or helping in the kitchen will be very much appreciated – contact Lyn on 01992 711573 if you are able to help in any way on the occasional Sunday.

UPSHIRE MOTHERS' UNION

Come and Join Us!

We are a friendly group who meet on the 4th Wednesday of the month in the Village Hall,

Uphshire at 2.15pm until 4pm or in St Thomas' Church for our Corporate Communion Services at 2.15.



At our July meeting Cathy Russell gave us an interesting talk with demonstrations on the Art of Quilling. Quilling is the art of using rolled up strips of paper to create designs. It is believed to have originated in the 17th century and was also known as Paper Filigree or Rolled-up Paperwork. The assumption is, that due to work found in a French convent, that Nuns invented Quilling. The nuns used quilling to decorate books and religious items. They mostly used strips of paper from the gilded edges of books.

In the 18th century quilling became more popular, especially with upper class ladies taking up the art. It was also used by Monks and other religious orders. Quilling became popular to decorate Tea Caddies, Picture Frames, Coats of Arms and many other things. There are many examples on ancient quilling in London Museums, but only a small amount is displayed. Quilling was available in kit form and in patterns, as it still is today.

Quilling starts with rolling a strip of paper into a coil, which is glued together. The coil is then pinched into shapes: squares, teardrops, tight coils, loose coils, etc. The paper can be rolled by hand or by using slotted tools. The paper can also be looped, curled twisted or crimped to create shapes. The shapes are then used to create different designs, the most popular being flowers and birds. All techniques used today can still be found in all the existing ancient pieces of quilling.

At the end of the talk Cathy passed around a picture of a Dolls House created using quilling. It was the size of an average dolls house and was made around 1790 by Georgian ladies, an amazing piece of work. The dolls house was sold by Sotheby's for £52,000 to a private buyer.

Our next meeting will be Corporate Communion on 25th September in St Thomas' Church at 2.15pm, followed by tea in the church. All are welcome.

Tea Hostesses: Mrs Jean Brewster and Mrs Sue McKinley. Raffle: Mrs Eleanor Huxtor.

For further information about forthcoming meetings contact our Branch Leader, Mrs Ann Smith on 01992 767809.

FOOD BANK

The local Food Bank is in need of donations of cash, canned and dried foods as the reserves are being stretched to the limit. Some families' circumstances are such that they are no longer able to feed their families of small and vulnerable children. Are you able to help in any way?

The Foodbank has now moved to the HUB in the Holdbrook row of shops, Waltham Cross, which will give better access and will be open between 4pm and 5pm on Monday, Tuesday, Wednesday and Friday. Holdbrook is on the main bus route and has plenty of parking spaces. The new site has lots more space for frozen and fridge goods, fresh fruit and vegetables, fresh bread and cakes, and clothes for babies through to adults, all shapes and sizes.

Please DO NOT take donations to the Salvation Army at Sewardstone Street, Waltham Abbey as they can no longer accept goods.

EPPING FOREST HERITAGE TRUST – Guided Walks 2019

Friends of Epping Forest have now merged with Epping Forest Centenary Trust to form EPPING FOREST HERITAGE TRUST. The aim is, as ever, to work to preserve Epping Forest and increase people's knowledge, understanding and engagement with the Forest.



FOREST WALKS AND MORE

Join our programme of Forest walks or come along to our family activity session at the Epping Forest Visitor Centre. Enjoy the Forest with us and discover more of its heritage. Some walks are a gentle stroll, while others are taken at a faster pace. These walks are free but donations to support the work of the Trust are welcome. Please come suitably dressed for walking in the Forest, which can be wet and muddy.

Sunday 15th September, 9.00am-5.00pm

The Annual Epping Forest Celebration Walk

Discover more about Epping Forest by walking the entire length in the day or take part in one of the local sections of the long walk from south to north. Celebrate how lucky we are to have Epping Forest!

Organised by the Epping Forest Heritage Trust, the West Essex Ramblers and the Conservators of Epping Forest.

Sunday 6th October, 10am-1pm

Walking north from Chingford

An interesting brisk 5 to 6 mile walk by little used paths with Mike Smith, taking in some dense forest, open ferns and a great beech clearing arriving near Robin Hood. We return via Debden Slade, Strawberry Hill ponds and Connaught Water.

Meet at Chingford Plain Car Park, Bury Road, Chingford E4 7AZ. Grid Ref: TQ394949

Sunday 20th October, 10.30am-12.30pm

Autumn in Gernon Bushes

An opportunity to discover the autumn harvest of fruits, seeds and fungi in this Nature Reserve with guides Tricia Moxey and Reserve Warden Brian McGhie.

Meet at the entrance to the Reserve in Garnon Mead, Coopersale, CM16 7RN. Turn off B181 Epping to North Weald Road into Coopersale Common Lane and then left into Garnon Mead beyond railway bridge. Grid Ref: TL477031

For further information email: enquiries@efht.org.uk Tel: 020 8508 9061 or speak to Sue McKinley in church. www.efht.org.uk

If you would like to become a member, email: membership@efht.org.uk or write to EFHT, Warren Lodge, Loughton, Essex IG10 4RN.

CHURCHYARD TIDY & SHARED LUNCH

We will be meeting in the churchyard at 10am on Thursday 5th September for a churchyard tidying session. Everyone is invited to come along and help. Refreshments are available throughout the day, but we stop work at 12.30pm for our shared lunch in the church with a chance to relax before continuing work in the churchyard. If you are able to spare an hour or two throughout the day you will be most welcome. You don't have to join in the churchyard tidying to come to the lunch, all we ask is that you bring some food, either sweet or savoury, to share with everyone else. We always have a good time, lots of work gets done but we still have time for a chat – do come along and join us. Our next churchyard tidy is on Thursday 10th October.

THE CHURCH OF THE HOLY INNOCENTS, HIGH BEACH

Sunday Afternoon Teas

Every Sunday until 29th September, 2.00-5.30p.m. Come and enjoy the tranquillity of the Forest, whilst enjoying tea or coffee and home-made cake. Listen to our Father Willis Organ being played in church. Experience the fun of ringing the carillon.

In addition we have the following entertainment:

1st September: Concert of Songs & secular by Liz Pearce and Hannah Harragan at 3.00pm.

8th September: Free concert at 3pm by A10 Strings.

15th September: Free walk-in concert at 2.30pm repeated at 4pm.

22nd September: Free concert by Choir 18 at 3pm.

29th September: at 5pm there will be a special Songs of Praise service to mark the end of the teas season.

CAR PARKING can be a problem and we are trying to resolve this in conjunction with the Village Hall Trustees. For the 9.15am Service you can park in the Village Hall car park but only ON THE GRAVEL as this will allow the hirers of the hall to park on the tarmac and unload from their cars, etc. At all other times please observe the parking notices and follow their instruction as hirers of the village hall have sole rights to park there. Thank you.

When parking in the churchyard, we respectfully ask you not to park outside the containers or along the right side of the roadway to the car park, in front of the Garden of Remembrance or block the access to the church. It is vital to keep this area clear should it be necessary for any of the emergency services to come up to the church. Thank you.

50/50 CLUB

There are still spaces available if you would like to become a member of the 50/50 Club. The draws for July and August took place at the end of August and winners will be mentioned in next month's Newsletter.

I offer my apologies for the mistake in the 50/50 Club Draw for June – I couldn't read my own writing and put No. 54 instead of No. 34 – the prize winner was correct, though. Sorry for any confusion. I'll double check in future! Lyn

St Thomas' Church 50/50 Club Draw 4

July to December 2019

I wish to become a member of St Thomas' new 50/50 Club and enclose cash/cheque for £12 per entry (maximum 2 per person). (Please make cheques payable to **St Thomas' Church** and return your entries to Lyn Wackett, 94 Upshire Road, Waltham Abbey, EN9 3PA or see me after church any Sunday).

Name:

Address:

Telephone:

UPSHIRE SHORT MAT BOWLS CLUB

We are looking for new members. Everyone is welcome to come along and join our friendly club. No experience is necessary.

We meet at UPSHIRE VILLAGE HALL on Monday afternoons from 2-4.30pm, Tuesday and Wednesday evenings from 7-9.30pm. Free Car Parking.

Please phone for more information – or just pop in.

Monday: Sarah Dodds, 01992 610542

Tuesday: Kitty Warner 01992 788660 or Fred Corsham 01992 711720.

Wednesday: Jackie Sullivan 07541 082064 or Dave Wackett 01992 711573.

If you are interested please give us a ring or leave your name and number and we will contact you.

WALTHAM ABBEY CHURCH activities for September

Music for Lunch

Saturdays, 12.30pm. Admission free: retiring collection. Refreshments served 12 noon – 12.30pm

14th and 21st: Programme to be announced

28th: Francis Knights, Performer Scholar, Fitzwilliam College, Cambridge: organ

Other Activities

Saturday 14th ‘Sponsored Ride & Stride’, the annual Friends of Essex Churches sponsored Bike Ride and Walk, 9am-5pm

Beetle Drive, 6.30 for 7pm, Abbey Church Centre, includes supper. Bring own drinks and glasses. Tickets £5 adults, £1 children, from 01992 787263. Attendance limited to 60.

Saturday 28th ORGAN DAY – celebrating the Abbey Church’s new organ.

Pedals and Pipes for Children – fun fact-finding about the Church Pipe Organ, 2-3pm.

Places limited – please email wapedalsandpipes@gmail.com by Weds 28th September

Inaugural Recital by Jonathan Lilley, Director of Music at the Abbey Church, including a newly-commissioned work by David Bednall in honour of Thomas Tallis, 6pm.

Free entry

Sunday 29th Service of Dedication of the new organ by the Bishop of Chelmsford, 10.30am.

No 6.30pm service at the Abbey Church.

Further information from the Parish Office, The Abbey Church Centre, Abbey Gardens, Waltham Abbey, (01992 767897) parish.office@walthamabbeychurch.co.uk

WALTHAM ABBEY FLORAL ART SOCIETY

We meet at the Royal British Legion Hall, Brooker Road, EN9 1HY. Doors open at 7.15pm for a 7.45pm start, all are welcome.

Chairlady: Marjorie Chapman, 01992 712975 Secretary: Chris Beales, 01992 712704

Tuesday 24th September: Demonstration “A Night at the Opera”

Tuesday 22nd October: AGM and workshop making a Christmas wreath

Tuesday 26th November: Demonstration “Tis the season to be jolly”

Tuesday 10th December: Our Social Christmas Evening

WALTHAM ABBEY SALVATION ARMY

Join us for coffee and biscuits and browse in our shop – open every Tuesday between 9.30 am and 12noon in the Salvation Army Hall, Sewardstone Street, Waltham Abbey. We appreciate donations of new and good second-hand items for the shop.

ANAGRAM

The answer to the anagram is MONEYLENDER.

If the Abbey walls could speak what would they say?

Our Abbey walls have heard monks pray, sometimes at night and sometimes day,
In cloisters made of brick and stone
Monks wandered round, most times alone.
Their daily life reached out to all, to serve their God, that was their call.
But now today no form is seen
Of monastery, where monks have been.
We only see, and as we peer through cloister gate we sometimes hear
The muffled voices joined in prayer
Of monks who once made their home here.

Christine Brooker, 10th August 2019

ENFIELD BRASS BAND

presents

Music for a Summers Evening including
🎵 the 'Last Night of the Proms' 🎵

Saturday 7th September
7 for 7.30pm in the church

Audience participation encouraged – bring your flags and hooters!

Tickets £10 include full buffet & wine/soft drinks from Lyn on 01992 711573



Patron Her Majesty The Queen



THE ROYAL BRITISH LEGION
Brooker Road, Waltham Abbey.

We are extending a warm welcome to the headquarters for visitors, locals and friends...

We have a fully licensed bar which is open all week except

Thursdays, facilities for social events i.e. line dancing, bingo sessions and live entertainment on Saturday nights, and good car parking facilities at rear of the building.

Please come along from 7pm, you will be most welcome.

WALTHAM ABBEY HISTORICAL SOCIETY

Established 1953. President: Stan Newens.

Waltham Abbey Historical Society's aims are to promote the study and appreciation of local history, to encourage archaeological and documentary research, and to ensure the preservation of local records.

Friday 20th September Revd Nicholas Henderson – Fortitude and Fancy
Catherine of Aragon & Anne Boleyn, two of Henry VIII most important wives

All meetings are at 8pm in the Waltham Abbey Baptist Church Hall, Paradise Road, Waltham Abbey, EN9 1RL. Visitors are always welcome at our meetings (£1 per person).

Visit our website: www.walthamabbeyhistoricalsociety.org.uk

NEWS AND EVENTS

Our 'Access for All' project is progressing in line with the proposed programme of works despite our summer's showery days and we should be completed by the end of September.

18th September, Late Summer Lunch in church, 11.45 for 12 noon start to 2pm. A menu of home-cooked ham/quiche/cheese/boiled eggs, pick & mix salad, roll & butter, hot drink, home-made desserts, all for £6.50. To book, ring or text Stephen on 07960 809799.

27th September, Macmillan Coffee Morning, 10am-2pm. Become a star baker – all entries must be received by 10.30am, classes for under 12 and over 12 years of age: Five cup cakes and/or a cake of your choice. All entries become a donation to the Macmillan event refreshments. Please try and attend and show your support for the Macmillan cause as they carry out valuable work.

The 'Thank You' Teas will be on Sunday 6th October, 2.30-5.30pm. Hot drinks are free with cake at £1 a slice and you should be able to use the result of our 'Access for All' project which if all goes to plan should be completed by then.

The following month on 13th November 11.45 for noon-2pm, Winter Warmer Lunch in the church with a menu of Roast Beef, Yorkshire pudding, new potatoes, mixed vegetables and onion gravy, home-made desserts and hot drink all for £6.50. To book ring or text Stephen on 07960 809799. With a raffle and mini-market on the day.

Looking ahead, should you require a table at the Christmas Market on Saturday 14th December 11am-4pm please phone or text me on 07960 809799 to book.

Stephen Brown

SUMMER FAIR

Thank you to everyone who helped in any way or came and supported the Summer Fair, braving the unsettled weather and the road closure signs. Both had an effect on the end result but we were pleased with the amount of just over £1,900 raised at the event which will be used for the general upkeep of the church.

FLY TIPPING

If you see anyone fly tipping in the forest, please take a note of the registration number of the vehicle, the make of the vehicle and any other information which might help track the perpetrators and then pass this information to the Corporation of London. If you find any fly tipped rubbish please report it to the Corporation on the number below. The sooner such instances are reported, the better chance there is of finding out who is responsible.

The number to ring is **0208 532 1010** which is a **24** hour number and messages will be passed onto the duty team.

WALTHAM ABBEY TOURIST INFORMATION CENTRE

2019 COACH TRIPS

Trips depart from Quaker Lane at 9am unless otherwise stated. All trips are £22, concession £20 unless otherwise stated and should be paid in full at time of booking. Cancellations will not be refunded.

Book at the Information Centre, 6 Highbridge Street, Waltham Abbey EN9 1DG. 01992 660336, email tic@walthamabbey-tc.gov.uk

Saturday 14th September: FAVERSHAM (FOOD FESTIVAL)

Wednesday 23rd October: MYSTERY TRIP

Saturday 23rd November: BURY ST EDMUNDS (CHRISTMAS MARKET)

Tuesday 10th December: HYDE PARK (WINTER WONDERLAND)

SHOE BOX APPEAL SPECIAL EVENT AT SUNDAY TEAS

Come along to Sunday Teas at St Thomas' on Sunday 8th September at 3.30pm when we welcome Susi Shears from Blythswood Care who will give a talk with slides about the Shoe Box Appeal and other work of the charity. Last year we were able to send 91 shoe boxes to Blythswood and it would be good to get to 100 this year! Blythswood distributed 107,073 shoe boxes to people in need last year.

It's easy to choose gifts for people that have so little – shampoo, a pair of socks, a notepad, a small toy, a bag of sweets – things we take for granted will seem like luxuries for people living in poverty. By filling a shoebox with simple things you can bring a smile this Christmas. Shoeboxes will be distributed to Albania, Bulgaria, Hungary, Kosovo, Moldova, Pakistan, Romania, Serbia and Ukraine.

Shoobox Appeal leaflets giving full information of items that are suitable for the shoobox are available from the back of the church or from Lyn & Dave Wackett at 94 Upshire Road, EN9 3PA or phone 01992 711573.

Shooboxes should be delivered either to the church or to Lyn & Dave as above in time for the Harvest Festival Service on Sunday 13th October when they will be blessed before travelling on their way to people in need.

ST THOMAS' CHURCH, UPSHIRE, EN9 3SS

MACMILLAN
CANCER SUPPORT
GIANT COFFEE MORNING &
BAKING COMPETITION FOR
ALL AGES

Friday 27th September 10.00am-2.00pm

DESSERTS GALORE!

Our thanks to the people who braved the torrential rain and muddy conditions in the churchyard to come along to the Desserts Galore! event on 14th August. They were met by the smiling faces of the small band of ladies who had worked so hard to produce a mouth-watering display of delicious desserts including pavlovas, tiramisu, pies, crumbles, cheesecakes, trifle....the list goes on! We were pleased to be able to donate the £141 raised during the afternoon towards the cost of the railings on the new ramp.