

ST THOMAS' CHURCH, UPSHIRE EN9 3SN

NEWSLETTER

May 2026



Rector: Revd Peter Smith, 01992 767897
Team Vicar: Revd Jane Yeadon, 07960 604416. Email janeyeadon@gmail.com
Benefice Office: Abbey Church Centre, Waltham Abbey, EN9 1XQ. 01992 767897
Church address: Horseshoe Hill, Upshire, Waltham Abbey, Essex, EN9 3SS.
Website: <https://stthomaschurchupshire.com>
Editor: Mrs Lyn Wackett, 94 Upshire Road, Waltham Abbey. 01992 711573
Email: lynanddavewackett@hotmail.co.uk

This Newsletter is free: donations to Lyn Wackett. Copy date for June Newsletter: 14th May

We are committed to safeguarding children, young people and vulnerable adults. The PCC has adopted the Church of England's policies and best practice on safeguarding which may be found on the Church of England website and also on the Diocese of Chelmsford website.

SERVICES AND DIARY FOR MAY

- Saturday 2nd 6.30 for 7pm start QUIZ NIGHT – 07899 846711 to book
- Sunday 3rd Fifth Sunday of Easter
9.15am HOLY COMMUNION
Readings: Acts 7:55-end John 14:1-14
- Saturday 9th 3pm-4pm SEEDLINGS meet in the church
- Sunday 10th Sixth Sunday of Easter
9.15 am HOLY COMMUNION
Readings: Acts 17:22-31 John 14:15-21
1.00pm PLANT SALE with Afternoon Teas from 1.30-4.30pm
- Sunday 17th Seventh Sunday of Easter
9.15am HOLY COMMUNION
Readings: Acts 1:6-14 John 17:1-11
- Wednesday 20th 11.30am for 12 noon COMMUNITY LUNCH in church. 07899 846711 to book,
Please let us know if you have to cancel
- Sunday 24th Pentecost
9.15am HOLY COMMUNION
Readings: Acts 2:1-21 John 20:19-23
2.30-4.30pm AFTERNOON TEAS
- Wednesday 27th: Upshire Mothers' Union 150 YEARS CREAM TEA AFTERNOON
2.00-4.00pm in Upshire Village Hall, £5 per person inc raffle, all welcome
- Sunday 31st Trinity Sunday
9.15am HOLY COMMUNION
Readings: Isaiah 40:12-17, 27-end Matthew 28:16-end
- Saturday 6th June 3-4pm SEEDLINGS meet in the church
- Sunday 7th June First Sunday after Trinity
9.15am HOLY COMMUNION
Readings: Hosea 5:15 – 6:6 Matthew 9:9-13, 18-26

CHURCH FLOWERS

Each month we can create memorial dedications, wedding, anniversary or special occasion flowers - Contact Kate Dale email: dalek16@btinternet.com

THE VICAR WRITES

One of my earliest memories of childhood is Christian Aid collecting tins appearing at school in early spring. For a week each year we would hear tales from far off lands and be encouraged to raise money for a whole range of projects from digging wells in Africa to earthquake relief in South America to farm improvement projects In Asia.

Each year, Christian Aid Week, this year running from the 10-16th May, invites us to put our faith into action—reaching out in love to support our global neighbours who face poverty, injustice, and the effects of climate change.

At the heart of this week is a simple but powerful truth: we are all part of one human family. As it says in Galatians 6:2, “Carry each other’s burdens, and in this way you will fulfil the law of Christ.”

Christian Aid Week reminds us that caring for others is not just an optional extra of our faith—it is central to who we are as followers of Jesus.

Around the world, millions of people are struggling with challenges many of us rarely have to consider—lack of clean water, food insecurity, and the increasing impact of extreme weather. Through Christian Aid and other likeminded charities, we can play our part in changing that story. From providing emergency relief to supporting long-term, community-led solutions, every prayer, every gift, and every action makes a difference.

You can learn more about this at <https://caw.christianaid.org.uk/>

But Christian Aid Week is about more than fundraising. It is about awareness, compassion, and transformation; both in the world and in our own hearts. It is an opportunity to reflect on how we live, how we use what we’ve been given, and how we respond to God’s call to love our neighbour.

This Christian Aid Week, you might consider:

- Take time to pray for communities affected by poverty and injustice
- Learn more about the people and projects Christian Aid supports
- Give what you can to support their work
- Find small, practical ways to live more justly and generously

Even the smallest act, when done in love, can ripple far beyond what we imagine.

As we take part, may we be reminded that God works through ordinary people just like us to do extraordinary things.

Together, as a church and community, we can be a sign of hope in a world that needs it now more than ever.

“Let us not love with words or speech but with actions and in truth.” (1 John 3:18)

Amen.

--

Rev'd Jane Yeadon

Team Vicar St Thomas, Upshire and Holy Innocents, High Beech

Benefice Youth Missioner

Deanery Vocations Advisor - Epping Forest and Ongar

MB: 07960 604416

Monday is my rest day

Giving is the most fulfilling of all pleasures

If only once a year every person would do one unselfish, giving deed, the world would be a far better place

GROWER'S CORNER

May is such a happy time in the garden, so much growth and colour emerging. The lupins, foxgloves, irises and geums are putting on their show. The hedgerows are a froth of white with hawthorn and cow parsley blowing in the wind. The leaves on the trees are well and truly out. It holds the promise of summer. With light warmer evenings and opportunities to spend time in our outdoor spaces and admire all the hard work we have done to get to this point. For us our garden becomes an extension of the home and enjoy nothing more than having our meals alfresco when the weather allows.

Update on the plots:

Again we have been busy... the usual weeding and general tidying up. The covered work area and bench has been designed and built by Stef. What with the heavy downpours it has already proved its worth.

The area at the back of the plot must be our focus before summer kicks in. It needs some proper organisation and a good tidy. But I'm pleased to say we finally feel like we are getting there.

We must be doing something right, the new allotment manager has given our site a thumbs up. Noting the effort allotment holders have put in so far this season.

We've enjoyed some lovely home grown asparagus and continue to harvest chard, greens and radishes.

May to do:

- * Have support structures in place for crops such as beans
- * Thin sowings
- * Keep on hoeing
- * Keep a close eye on seedlings, potting on where necessary and planting out when they're ready. Ensuring they have been hardened off
- * Water regularly when dry and feed when necessary
- * Keep fresh water topped up for the birds.

May planting/sowings:

- * If the weather allows tomatoes and aubergines can be planted out. If still cold you may need to pot them up into larger pots to allow them to keep growing.
- * Harden off all seedlings
- * To save space think about interplanting and sowing amongst crops. Fast growing crops such as radish, lettuce and beetroot
- * Keep up with successional sowings such as salad crops, carrots and radishes
- * Sow basil and tender herbs

May Flowers/shrubs/trees

- * Stake perennials to prevent them falling over.
- * Plant out hardy and half Hardy annuals once frost dates have passed.
- * Think about protecting crops such as strawberries with a net
- * Keep fruit bushes and trees well mulched and watered.
- * If you have been growing dahlias tubers in pots, it's time to pinch out the top growth to encourage more flowers. Remember these are not frost hardy so ensure no frosts are due.

Tip: Apply liquid feed to container plants and hanging baskets to encourage growth. Feed spring-flowering bulbs with fertilizer to boost next year's blooms.

"You are as welcome as the flowers in May." Charles Macklin

Happy Gardening
Love Louise.

Did you know? Bluebells are wrapped up in folklore. One old tradition warned that bluebell woods were filled with fairy enchantment, and that picking the flowers might mean fairies led you astray. Bluebells are protected, so wild bluebells should be admired where they grow, never picked.

PLANT SALE 10th May

We would be delighted to receive any seedlings or other plants for our Parishioners' Stall at the Plant Sale. If you are splitting perennials could you spare a piece for us, please. Plants can be brought along to the sale on the Sunday or left with Lyn at 94 Upshire Road. Thank you.

PRAYER REQUESTS

You are invited to offer names to be added to our prayer diary to remember those who are unwell or unhappy. First names only are required as God will know who we are praying for.

Contact Lyn Wackett on 01992 711573 or email lynanddavewackett@hotmail.co.uk

This month we pray for Laura, Alan & Pam, Lesley, Charlie & John, Anne, Pam & John, Barbara, Vernon, Mal, Sue, Ann & Cyril, Rosalind, Maureen, Carol & George, Terry, Jackie, Andrea & her Mum & Dad, Nina, Carmel & the Price family, Nigel, Lola, Pearl, Susan & Alan, Jackie & Linda, Graham, Christine, Chris, Izzie, Pennie, Steve, Dan, Kevin, Gina & Sue.

SUNDAY AFTERNOON TEAS

Our season of Sunday Afternoon Teas begin on Sunday 10th May, 1.30-4.30pm. Come and sit in our lovely little church or enjoy the views over London and the Lea Valley whilst sitting in the churchyard. This Sunday we also have our PLANT SALE (which begins at 1.00pm) with various other stalls with interesting items to buy. Do come along and spend a friendly afternoon at St Thomas'.

St Thomas Church, Upshire Bank details

St Thomas Church Upshire PCC

HSBC Bank

Sort Code 40 45 20

Account number 00724505

Any queries regarding setting up a Standing Order, giving a donation to the church, Gift Aid or about joining the Parish Giving Scheme please contact our Treasurer, Ruth Moore on 07852 668633

Ruth4366@gmail.com

If you are able to Gift Aid donations this increases your gift without any extra cost to yourself.



ST THOMAS' SEEDLINGS

1st Saturdays of each month (unless otherwise stated)

A free Stay and Play church group for children and those who care for them

Join us Saturdays 3-4pm for messy craft, play, songs and stories along with a welcome cuppa

St Thomas' Church, Horseshoe Hill, Upshire, EN9 3SS



ELECTRONIC NEWSLETTER

Our mailing list to receive the electronic version of the Newsletter is now in excess of 100 participants so if you are not one of those and wish to be included please send your email address to Kate at dalek16@btinternet.com or phone 02085083942. We are looking to reduce our 'paper footprint' for climate change by printing fewer copies – your contribution will help. Thank you.

NEWSLETTER ARTICLES

Thank you to the people who have sent in articles to be included in the Newsletter. Please keep them coming! Anything: maybe a poem you have written, what you have been doing in the garden, childhood memories, something that happened to make you smile, it all makes for interesting reading.

ANAGRAM Unscramble this 10 letter anagram: USUALPECTY. The answer will be found elsewhere in the Newsletter.

ST THOMAS' CHURCH COMMUNITY LUNCHEES 2026

3rd Wednesdays, 11.30 for 12noon start

20th May, 17th June, 15th July, 19th August, 16th September, 21st October,
11th November (a week earlier than usual), 2nd December (Christmas Lunch)

If after booking you are unable to come, please phone to cancel,
we can then offer a place to people on the waiting list.

CONFIRMATION

Anyone who is not yet confirmed but would like to be confirmed at the service in June, please contact the Rev Jane Yeadon who will advise about confirmation classes.

SHOEBOXES

Don't forget to keep saving your shoeboxes ready for them to be covered and filled with useful items for needy people in Ukraine and eastern Europe. Also keep watching out for bargains and special offers on items to go in the boxes. Boxes and goodies can be left with Lyn at 94 Upshire Road.

UPSHIRE MOTHERS' UNION

In March the Bishop of Basingstoke was appointed as Mothers' Union Bishop Ambassador.

The Rt Revd Kelly Betteridge has taken up the position, serving the worldwide movement of over 4 million members. She succeeds The Rt Revd Emma Ineson, who completed her term as Central Chaplain for Mothers' Union in November.

In her new role, Bishop Kelly will help guide the spiritual lives of Mothers' Union members and staff, while ensuring the organisation continues to work effectively alongside clergy and the wider church.

Bishop Kelly said: "My interest in and support of the Mothers' Union was first ignited in the 1990s during two visits to Africa, where I experienced the vibrancy and impact of the MU in Tanzania and Ghana. I welcome the global connectivity that MU offers and sustains.

I became a local MU member while in the Diocese of Truro and am now a member in Winchester, the birthplace of the Movement. I have chosen to be a member largely because I greatly value the radical and transformative work of the MU, its ethos as a grassroots movement, and its global reach in supporting communities where the need is greatest."

Bev Jullien, Chief Executive of Mothers' Union, said: "We are thrilled and honoured that Bishop Kelly has accepted this important role, and we look forward to working with her to strengthen relationships between Mothers' Union, the Church of England, and the wider church."

On Wednesday 27th May, in celebration of 150 years of Mothers' Union, we will be hosting a CREAM TEA AFTERNOON 2.00pm – 4.00pm, in the Upshire Village Hall.

£5 per head. (inc. 2 scones, jam, clotted cream, tea or coffee, free drink refill and raffle ticket)

Everyone is welcome to come along and join in.

CRAFT MARKET

This next Craft Market and Table Top Sale in Waltham Abbey Town Hall will be on Tuesday 5th May, and the first Tuesday of each month until December. 10.00am – 2.00pm. Admission free – also free tea/coffee.

STAMPS

Please continue to save your postage stamps and foreign or out of circulation coins as the charities we support can use them to raise funds. At present we collect the coins for Essex and Herts Air Ambulance and The British Legion and stamps for British Heart Foundation. Stamps and coins can be left with Lyn & Dave at 94 Upshire Road – please leave in the porch if no reply. Please leave about ½" of envelope around the stamps. Thank you.

Where there is a twinkle in the eye there is a sparkle of heaven in the heart

HIGH BEACH CHURCH

Sunday Afternoon Teas every Sunday from 3rd May until 27th September, 2.00-5.00pm.

Everyone is welcome to come and sit in church or in our churchyard and enjoy home-made cake with tea/coffee and to ring the carillon. Please be careful where you park – you must NOT park on any single or double red line between 8.00am to 10.00pm otherwise you will receive a penalty notice.

Sunday 3rd May – Bric a Brac sale all afternoon.

Sunday 10th May – 3.00-4.00pm Walk in concert by “It’s Good to Sing” including “I will sing you the stars, Begin the Beguine, Somewhere, Java Jive, Smoke Gets in your eyes.

Sunday 28th June, 10.30am: Horseperson’s service on the Green at the top of Avey Lane followed by Tack & Turnout Competition and Fun Dog Show. All welcome.

ANAGRAM The answer to the anagram is EUCALYPTUS.

At **HOME INSTEAD** Epping Forest we recognise that as we get older, you may need help to be able to stay living in your own home. We Tailor our care packages to meet your needs making it possible for you to stay living in your own home where you are happiest.

Our services include Dementia Care, Personal Care, Home Help, Companionship and much more.

Our monthly Memory Lane and Singing for the Brain Sessions are held at Theydon Bois Village Hall providing lots of fun complimented with refreshments served by our lovely Team. Why not contact us to find out more and to get a copy of our What’s on Where Guide (WOW Guide) and future newsletters.

Telephone 01992 666777 or email: Victoria.rigby@homeinstead.co.uk

Cooper’s Cards

40a Sun Street, Waltham Abbey, EN9 1EJ
(Library end)

Greetings cards, balloons, toys, wrapping paper, stationery and seasonal items

Family run and friendly shop, pet friendly

Monday to Saturday 8am to 5pm

ABBEY CHURCH Music for Lunch – Saturdays at 12 noon. Refreshments available from 11.30am. All welcome, free admission with retiring collection.

May 2nd A10 Strings, David Boarder, *conductor*

9th Jonathan Lilly *organ music from the Light Music world of Percy Whitlock*

16th Musician(s) from Trinity Laban Conservatoire, tba

23rd To be announced

30th Elliot Randall *organ*

UPSHIRE SHORT MAT BOWLS CLUB

Held in Upshire Village Hall, Mondays 2.00-4.30pm, Tuesdays 7.00-9.30pm No experience necessary.

Tuition and bowls available. It’s fun to play! Contact Fred on 01992 711720 or Jean on 07733 084815.

WOOL Several of our members and their friends knit items for various charities but our supply of wool is running low again. If you have any spare wool you no longer need we would appreciate it: donations can be left with Lyn at 94 Upshire Road (leave in porch if no reply) or brought to church on any Sunday. Thank you

St Thomas' Church, Upshire, EN9 3SS

QUIZ NIGHT

In the church on Saturday 2nd May, 6.30 for 7pm start
Tables of 8, or come along and help make up a table
£10 per person included nibbles & hot drink.
Book with Pauline on 07899 846711

COMING UP AT ST THOMAS':

Monthly Community Lunches (see separate article)
Saturday 2nd May: Quiz Night 6.30 for 7.00 start
Sunday 10th May: Plant Sale 1.00 – 4.30 and Sunday Afternoon Teas 1.30-4.30pm.
Sunday Afternoon Teas 2nd & 4th Sundays 2.30-4.30pm
Sunday 26th July: Summer Fayre & Teas 1.30-4.30pm
Saturday 19th September: Macmillan Coffee Morning 10.30am-2.00pm
Sunday 27th September: Harvest and last Sunday of Afternoon Teas 2.30-4.30pm Service at 4.00pm
Saturday 17th October: Quiz Night 6.30 for 7.00pm
Saturday 21st November: Christmas Fayre in Village Hall 10.30am-2.00pm
Sunday 13th December: Brass Band Christmas Concert 3.00 for 3.30 start

50/50 CLUB

Congratulations to the winners of the 50/50 Club Draw in March who were:

1 st :	£35	No. 59	Terry Jones of Epping
2 nd :	£25	No. 68	Stefan Eleftherious of Woodford Green
3 rd :	£15	No. 72	Richard Speller of Buckhurst Hill

It is not too late to join Draw 17 of St Thomas' 50/50 Club.

There will still be monthly draws and the entry fee is £12.00 every six months (or £2 for every month of membership). Each member is entitled to a maximum of two entries, couples can have four. Please complete the form below and return it to me; payment by Bank Transfer is preferred or alternatively you may pay by cheque or cash to the address stated. Please let me know if you pay by Bank Transfer so I can include your number in the Draw (email lynanddavewackett@hotmail.co.uk or phone 01992 711573).

Our thanks to all our members for their support of St Thomas' Church. Good luck to everyone who enters.

St Thomas' Church 50/50 Club Draw 17

January to June 2026

I wish to become a member of St Thomas' 50/50 Club and have paid by Bank Transfer to HSBC Bank, A/c St Thomas Church Upshire PCC, Sort Code 404520, A/c No: 00724505.

OR I enclose cash/cheque of £12 per entry (maximum 2 per person). Please make cheques payable to St Thomas' Church Upshire PCC and return your entries to Lyn Wackett, 94 Upshire Road, Waltham Abbey, EN9 3PA.

Name:
Address:
Telephone:

Næddre

The title of this article is an Old English word, pronounced 'nadder' as in 'had' rather than 'hay', meaning 'serpent' and the way it is pronounced has led to the naming of our only venomous snake as 'adder' although now known as the European Adder. By the time this article is published our adders should have left their hibernacula, places where they hibernate over the winter months which generally is the period from October to March although, at the time of writing, with the predominant winds coming from the north and being of arctic consistency it wouldn't surprise me if the adders decided to wait a little longer before venturing out!

Whilst we have snakes here on the UK mainland Ireland does not. Strictly speaking it now does as during the Celtic Tiger (the mid-1990's to the late 2000's) many people acquired species of snakes as pets but when Ireland's economic prosperity crashed many of them were let loose into the countryside. However, naturally, it is considered that the island of Ireland is snake free and is due, according to local custom, to St Patrick ridding the island. Not so though, as the island was snake free long before St Patrick arrived on the shores for a very simple reason. During the last ice age the land was too cold for snakes to inhabit it and when the ice age receded rising sea levels disconnected Ireland from the mainland of the British Isles and snakes were not able to cross, having originally crossed to Britain from Europe on the land mass connection that existed at the time.

Even St Patrick evidently acknowledged that he wasn't responsible for Ireland's dearth of snakes but legend tells a different story as recorded by the Scottish monk, Jocelyn. The story tells that Ireland was pestered with a triple plague of a great abundance of venomous reptiles, demons and magicians who inhabited an area now known as County Mayo. St Patrick went head-to-head with the leader, Crumm Dubh and upon defeating him cast the snakes into Log na nDeamhan, a lake at the base of the mountain, Cruach Ph Adraig.

Whatever you believe we here on the mainland have apart from the adder, or to give it its other name a 'vipser', two other native snakes and one imposter, the slow worm, a legless lizard that looks like a snake albeit a small one. Mind you, it has been suggested that we have snakes because St George was off battling with dragons so the snakes were left alone! All the snakes we have are cold-blooded which means that they require external heat for them to be able to live their lives, the optimum temperature being in the region of 25C to 32C although they can live their lives when it is colder but would be somewhat sluggish.

Our rarest snake, possibly now extinct due to habitat loss, is the smooth snake which inhabits the heath lands of southern England, namely in Surrey, Hampshire and Dorset. They are difficult to find as they spend much of their time burrowed underground but emerge to eat their prey which are usually lizards that they eat headfirst. Their eyes have pupils which are round and not a slit as in the adder and their skin is covered with spots. Young are born in a membrane which ruptures at birth, so a sort of mid-way between having eggs and giving live birth.

The snake we are most likely to see, but not in Scotland, is the grass snake which in the female can grow up to four feet in length with the male being smaller. They lay eggs, preferably somewhere warm such as compost heaps. The young use an 'egg-tooth' positioned on their nose to break out of the egg and which is shed a few hours later. For a snake that can be quite lengthy the young start out around seven inches in length and like their parents have eyes with round pupils but no eyelid, the eye being protected by a see-through membrane. They generally hunt in ponds with tadpoles being their main prey but larger prey can be taken but usually carried onto land in order to be eaten. I have seen grass snakes in Wanstead Park in one of the ponds off the main lakes so there's an area for one to explore to try and find them. The ones I saw were of an orangey colour although they are more likely to be a silvery greenish colour and, confusingly with the adder, can have a type of 'V' on the back of their head.

Our adder, often referred to as a 'viper' as it is a member of the Vipera family meaning that it venomous, is found throughout Britain and Wales although it is difficult to spot them being that they are very wary of disturbance. Smaller than the grass snake at thirty inches for the female and the male at about twenty-four inches long. Their obvious give-away is the zig-zag marking down the length of their body and the distinctive 'V' on their head. To make things slightly difficult although they are normally silvery in colour some can be dark or black which renders the markings completely indistinct. Through the winter months they tend to hibernate in a cool dry place and often with other adders, again muckheaps can be a favourite. Dorothy found one in the muckheap of the stable yard she was once on, the yard terrier had had a go at it leaving a slight wound on its side so she picked it up and took it into the nearby woods. Thankfully, it did not bite her! Being venomous the bite can be very severe and in small dogs can be life threatening but more likely would cause serious pain rather than death. Actually an adder that felt threatened by human's or a dog's presence would prefer to slither off into the undergrowth rather than have a confrontation. When they catch their prey which are small mammals, lizards, frogs and toads their fangs hinge back to enable them to ingest the prey with the jaw enlarging to accommodate the often large animal about to be eaten. Unusually for a reptile their young are born live with no sign of eggs being used. The young are independent from the go and the mother has no part in their future well-being, a feature in common with some human parents!

Adrian J Liddle

POPPY PROJECT

Saturdays 9th May & 6th June, 1.00-3.00pm. Monthly meet up at Waltham Abbey Library. Come along and get involved.

WALTHAM ABBEY FLOWER CLUB

We meet on the 4th Tuesday in the month except January, June, August and December at Waltham Abbey Community Centre, Crooked Mile, EN9 1QD. Doors open 1.45 for 2pm start.

Next meeting: 26th May – Demonstration by Michelle Emms entitled “Summer’s Coming”.

All are welcome, raffle, sales table, tea, coffee and homemade cake.

Further details from Chris on 07792 594443.

WALTHAM ABBEY'S GOT TALENT

Open call for everybody! Register your interest at eventsmanager@walthamabbey-tc.gov.uk

Potentially May or June 2026

WALTHAM ABBEY MEN'S SHED

Every Monday at Epping Forest District Museum, 1.00-3.00pm.

A welcoming, inclusive place for local men to get together, socialise and turn their hand to practical tasks. New members welcome. Free to join, free refreshments, just turn up.

For more information contact 01992 910701 or communityhub@vaef.org.uk

WALTHAM ABBEY ART TRAIL 2026

Calling all local artists to display work in lots of venues in our Town.

Email: walthamabbeyarttrail@outlook.com or call Jane on 07812 696087 or Vikki on 07986 977635 for more information.

Travels

A well-worn five pound note and a similarly distressed twenty pound note arrived at the Bank of England to be retired. As they moved along the conveyor belt to be burned, they struck up a conversation. The twenty pound note reminisced about its travels all over the world. “I’ve had a pretty good life. I’ve been to Las Vegas and Monte Carlo, the finest restaurants in Paris, performances on Broadway, and even a cruise to the Caribbean.”

“Wow!” said the five pound note, “You’ve really had an exciting life!” “So tell me,” says the twenty, “where have you been throughout your lifetime?” The five pound note replies, “Oh, I’ve been to the Methodist Church, the Baptist Church, and the Anglican Church.” The twenty pound note interrupts, “What’s a church?”